

## Pinealon® Instruction

### Dosage form

capsules

Active ingredients: Peptide complex AS-5 (arginine, glutamic acid, aspartic acid)

### Structure

Excipients:  
Microcrystalline cellulose; capsule shell (hydroxypropyl methylcellulose, purified water, carrageenan, potassium acetate); calcium salt of stearic acid.

### Description

Capsules, 200 mg, 60 pieces in a cardboard package

### Pharmacological classification

Biologically active supplement

### Pharmacological action

Improving the functioning of the brain

### Pharmacodynamics

Pinealon contains a complex of peptides and amino acids. The product normalizes the activity of brain cells.

Clinical trials have proven its effectiveness in the prevention and treatment of brain function disorders in patients following stroke, traumatic brain injury, surgical interventions, and more.

Pinealon supports mental performance in the elderly. It helps improve attention, memory, and concentration.

### Intended uses

- prevention of CNS diseases;
- memory impairment, learning difficulties, and decreased concentration ability;
- mental and psychoemotional fatigue, depression, asthenic syndrome;

- the need for recovery after extreme or chronic stress;
- autonomic disturbances;
- deterioration of brain function in cerebral vascular atherosclerosis;
- preparation for brain surgery;
- rehabilitation after brain surgery;
- Alzheimer's disease;
- recovery after traumatic brain injuries;
- Parkinson's disease;
- peripheral nerve disorders (neuralgia and neuritis);
- consequences of infectious brain diseases;
- cerebrovascular disorders;
- recovery period after stroke;
- demyelinating CNS diseases, including multiple sclerosis.

### Dosage and Administration

For adults, take 1-2 capsules 1-2 times a day with meals. The standard course of administration of Pinealon is 10-30 days. It is advisable to repeat the course every 4-6 months.

In severe cases of the disease or the presence of concomitant pathologies, the course may be extended and supplemented with peptide bioregulators of other organs and therapeutic-preventive drugs. For chronic diseases, it is recommended to undergo 2-3 courses per year to prolong remission.

Before taking the medication for chronic diseases, it is recommended to consult a treating physician.

### Contraindications

Individual intolerance to components, pregnancy and lactation.

It is recommended to consult a physician before use.

### Storage Conditions

Store in a dry place, protected from direct sunlight, out of reach of children, at a temperature of +2°C to +25°C.